



TE WHĀRIKI A TE KŌHANGA REO

PONO KI TE KAUPAPA, PUNA KO TE REO

	TINANA	HINENGARO	WAIRUA	WHATUMANAWA
MANA ATUA	Te mana tinana » kei te tinana tōna ake āhua » kei te tinana tōna whakaata i tōna kaha	Te mana hinengaro » whakamātautau i te hinengaro ki te rapu i te mōhio e ora ai tōna katoa » whakapono ki a ia anō	Te mana wairua » ko te kora o te wairuatanga o ia tangata » he mana ahurei » he mauri kei ngā mea katoa	Te mana whatumanawa » i te ngākau o roto, o waho o te tangata » ki te whāngaihia ngā whakaaro pai, ka puta te pai » ki te whakaaro kino, ka puta te kino
MANA TANGATA	Te pakaritanga o te tinana Mā te whakakori tinana me te kai pai, ka tū kaha, ka kitea hoki ko: » te tinana ora » te tinana pakari » te tinana hihiko	Te pakaritanga o te hinengaro » whakamana i ngā whakaaro pono » whakatipu mōhio, pūkenga anō hoki » te pukahutanga o te taiao » kāore he tuaruatanga o tōu ao » koia nei anake!	Te pakaritanga o te wairua » te wairua tuku taonga » te ngākau manaaki tangata » te whakawhanaungatanga	Te pakaritanga o te whatumanawa » me aronui ki te harikoa me te katakata » unuhia te ngākau pōrarururu » ka whakapono ki tēnei mea, ki te 'tangata-rite'
MANA REO	Whakatinanatanga whakaaro » he maha ngā momo reo » he tāhū tō te reo » he whakaputanga mana tangata, mana ā-iwi	Te hinengaro reo Māori » he ariā nō te hinengaro mō te whakawhiti whakaaro » mā tōna tau ki te reo ka rewa te mana o te tangata me te reo	Hononga wairua » he wairua kei ngā reo katoa » he kurupounamu ngā reo katoa » mā te kōrero ka ora te reo	Kōrero ā-whatumanawa » whakaatu ā-ngākau i te aroha, i te harikoa, i te pōuri, i te matakū, i te kino » mā te reo ka tū māia, ka pai te hauora, ka ora te ngākau
MANA WHENUA	Mana ā-tinana » ngā taonga ā-iwi » te rangahau i ngā mahi tiaki whenua, tiaki tinana anō hoki » te whāngai i te toiwhenua	Mana ā-hinengaro » te whakaū i ngā kōrero mō tōna toiwhenua » te whakaū i tōna kiritau me tōna aroha ki te hau kāinga	Mana ā-wairua » kotahi ana te whenua, te iwi me te taiao » ko te wairua o te whenua kei roto i te tangata	Aroha ki te whenua » ka mārō te hononga ki te tūrangawaewae, mā te waiata, te mahi toi, te mahi pepeha, te haka, te oriori, te mahi whakaari, me ngā kōrero o nehe » te take e pakangatia ai te whenua
MANA AOTŪROA	Te tinana o te taiao » te rapu mōhio mō Papatūānuku, mō te taiao, mō te tangata » te mōhio ki ngā rerekētanga o te ao tawhito me te ao hou » te rangahau i te nui, i te iti, i te pote, i te roa, me te taumaha	Whakaritenga mō te taiao » te hiringa o te mahara ki te rangahau » rangahautia te ōritetanga me te rerekētanga o te tangata ki te taiao	Te wairua o te taiao » kotahi ana te pūngao o te taiao » he pūmanawa kei te kitea i te ao whānui	Te tūhura i te whatumanawa » kia mārāma ki ngā kare ā-roto ka pupū ake i te whatumanawa, pēnei i te aroha me te hākere » whakatipu i te ngākau āio me te ngākau mārie, kia 'tangata-rite' hoki te whakaaro

TUAKIRI TANGATA



TE MARAUTANGA O AOTEAROA

KURA ▲ WHAREKURA ▲ WĀNANGA

NGĀ KURA KAUPAPA MĀORI

NGĀ KURA Ā IWI



Ko te reo Māori te ōhākī ā te hunga kua whetūrangitia e tū rangatira ai ngā uri whakaeke

